

White Night

For a more interesting space,
use an assortment of white shades



jane lockhart

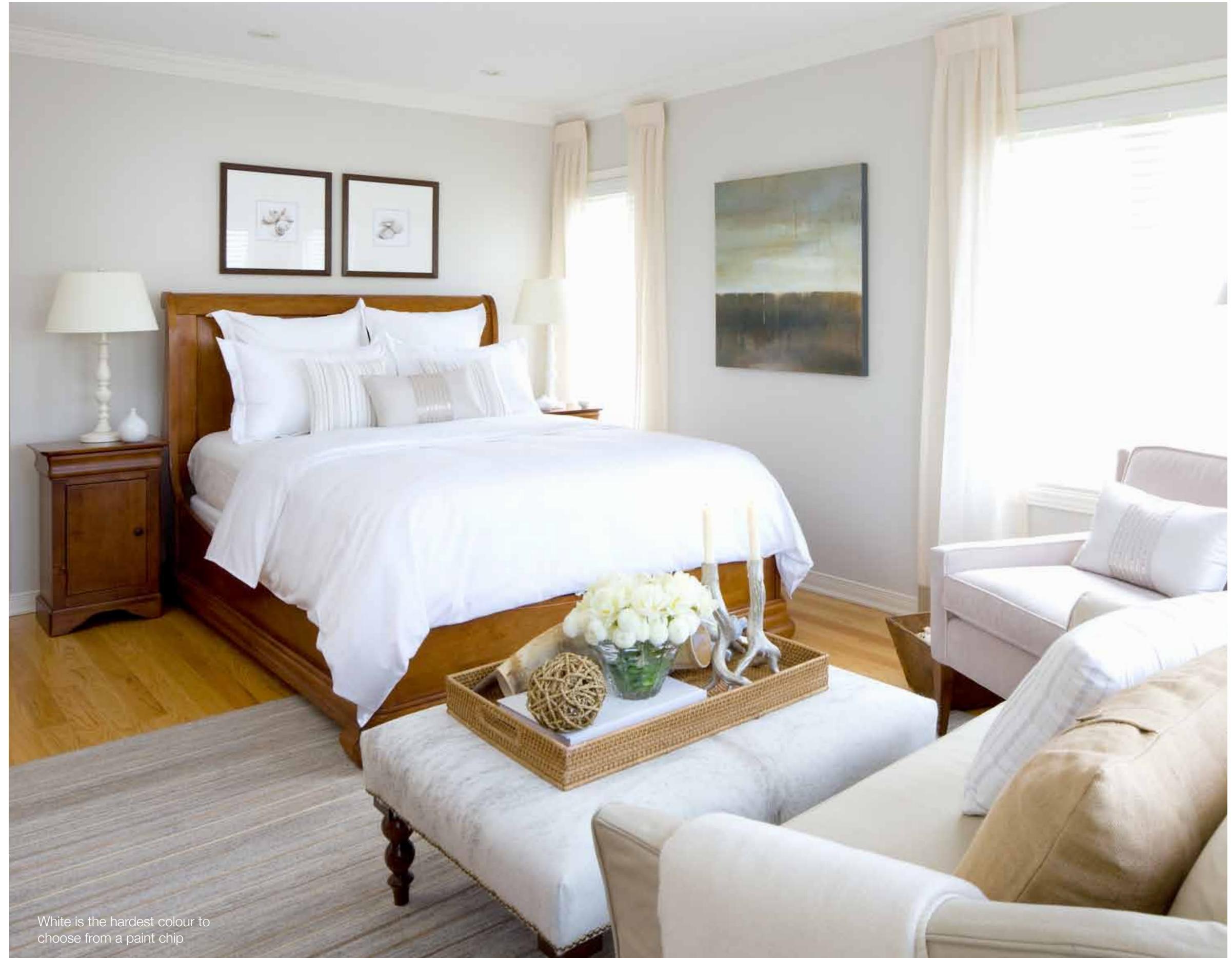
INTERIOR DESIGN

By Jane Lockhart

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Interior Design and Story by Jane Lockhart | Jane Lockhart Interior Design
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Photography by Brandon Barré courtesy Colour Confidential, W Network

It's not often that my clients request an all-white room, but that's just what Jasmine asked Jane Lockhart Interior Design to help her with in her bedroom. She explained how she struggled on her own to find just the right white paint colour for her bedroom walls adding that white and light natural colours calm and relax her so a white scheme would be the best colour scheme for her bedroom and would brighten the space for the summer months!



White is the hardest colour to choose from a paint chip



Choosing the Right White

Contrary to popular belief, 'white' is a colour when talking about pigments. It is simply the lightest value or tint of any colour family. Basically all the strong or bright colours we can think of have a really dark version or really light version of them. So bright red, for example, is rich burgundy when we think of it as a deep shade and light, soft pink—almost white, when we think of this red in the light colour spectrum. So no "white" is just white...it's a tone of whatever colour it began as. That's why white is truly the hardest colour to select from a small paint chip! To really see the tone of white you have selected, it needs to be applied to a large area so that you're able to pick up its subtle differences.

Jasmine had tried many options of white and found they all looked different from the chip once painted on the wall, and the names of the colours were no help either (never trust the name of a paint chip!). So to calm Jasmine, we looked at a series of light natural colours inspired by nature. Natural elements like birch-bark, sand, white marble, and lichen were collected to create a palette of colours from which she could choose. From the palette she eventually chose a soft white with a hint of grey-green for the walls. This was an excellent choice to subdue the yellow tone prominent in the blonde hardwood flooring. This wall colour looks fabulous against her simple dark brown sleigh bed and side tables. Crisp white cotton bed linens and a few toss pillows in a textured white fabric dress the bed for a simple and peaceful look.



To Left: Fresh white linens and warm white upholstery and drapery fabrics complement the rich natural wood tones in the room.

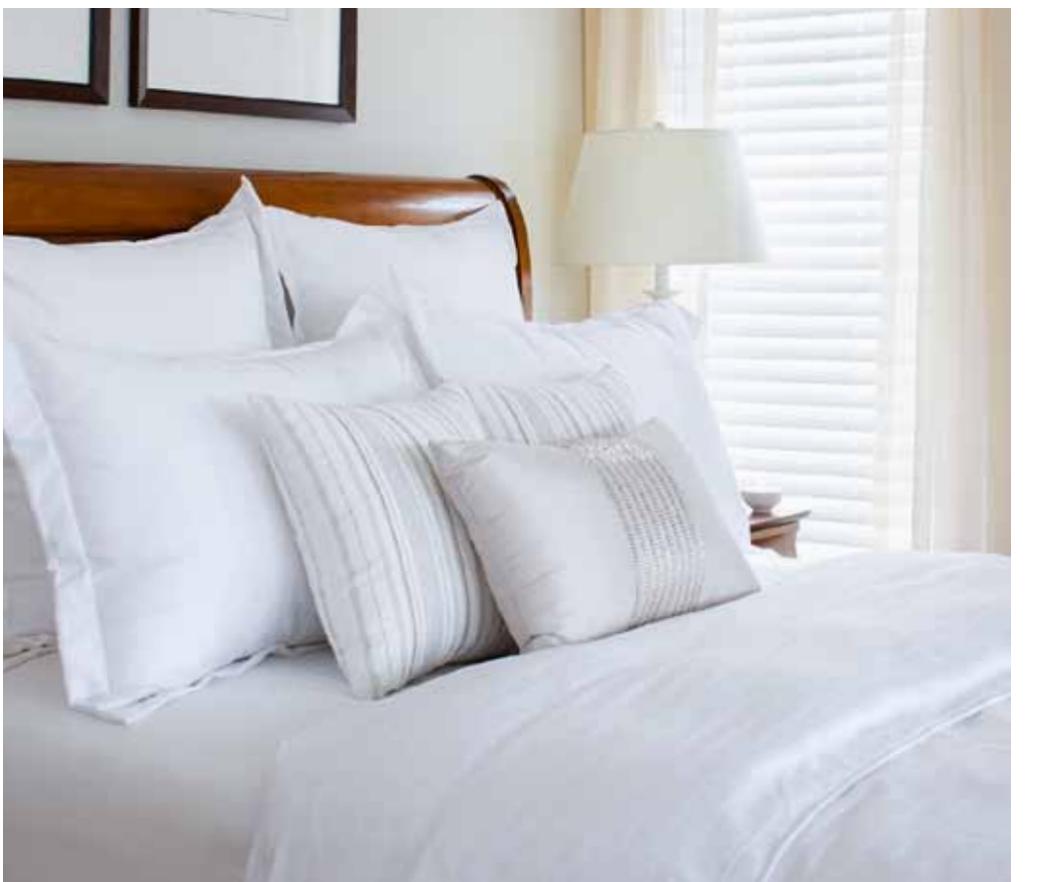
To Right: Crisp white mixed with natural tones and textures instantly refresh a room's tired décor.



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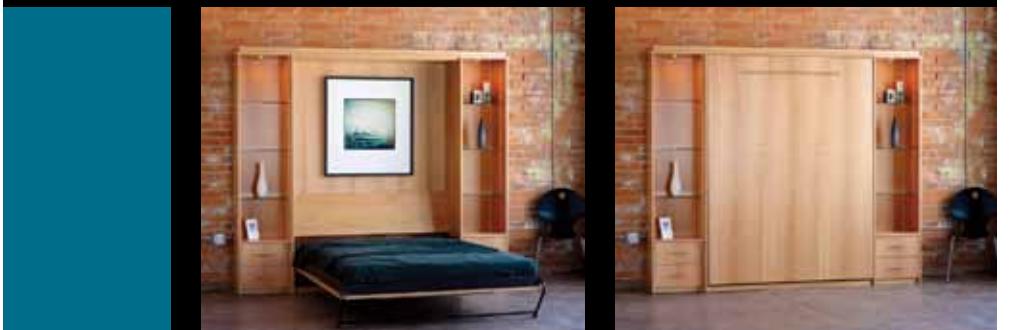
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Finally, the pieces that really make this a peaceful space are the addition of natural accessories like decorative wicker balls, beeswax candles, a jute and wool rug and uniquely shaped driftwood logs. Jasmine's traditional ornate gold wall mirror was spray-painted white to suite the tone-on-tone nature of the room. [\[II\]](#)



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» Top Left: Subtle shades and tones of white are elegantly defined by decorative details and textures.

» Top Right: An old ornate framed mirror painted in white reflects light around the room



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